

Instructions for Isohelix Xtreme DNA Kit: XME-5/50

Product Details

The Isohelix *Xtreme* DNA kit a silica membrane based spin column DNA purification kit designed to isolate highly purified DNA from buccal swabs with minimal losses. A260/280 ratios are typically >1.8 and A260/230 ratios are typically >1.5

Key Benefits

- ✓ Very high purity DNA
- ✓ Protocol integrated to Isohelix swabs✓ Manual or high throughput formats
- Removes PCR inhibitors
 Optimised for buccal DNA
- No solvent based chemicals

Kit Contents

| Isohelix Xtreme DNA | Isohelix Xtreme DNA Kit | | |
|-------------------------------------|-------------------------|---------------------|--------------------------|
| Catalogue No. | XME-50 | XME-5 | Storage temperature |
| Number of preps | 50 | 5 | |
| | | | |
| Contents: | | | |
| Solution LYS (Lysis buffer) | 27ml | 2.7ml | Room temperature |
| Solution CB (Column Binding buffer) | 40ml | 4ml | Room temperature |
| Solution WB (Wash buffer) | 15ml *2 | 1.5ml* ₁ | Room temperature |
| Solution EB (Elution buffer) | 6ml | 0.6ml | Room temperature |
| Proteinase K | 2 x 11mg*4 | 2.2mg*3 | 4°C after reconstitution |
| Xtreme DNA Columns | 50 pieces | 5 pieces | Room temperature |
| Collection Tube | 100 pieces | 10 pieces | Room temperature |
| Protocol | | | |

^{*1} Add 6 ml of 98-100% ethanol into solution WB before first use, tighten the cap securely to prevent ethanol evaporation.

Storage

Isohelix Xtreme DNA Kits are shipped at ambient temperature.

<u>Please note</u> that on arrival the kit components should be stored according to the table above.

The kits are stable up to the expiry date if stored as instructed. See box label for expiry date.

Equipment and reagents to be supplied by user

- Water bath or heating block at 60°C and 70°C
- Pipettes with disposable tips
- Microcentrifuge (with rotor for 1.5 ml and 2 ml tubes)
- 1.5ml microcentrifuge tubes and 5ml or 10ml round bottom tubes
- Vortexer
- Ethanol
- Sterile ddH₂O

Before Starting

- 1. Prepare a waterbath at 60°C.
- 2. Reconstitute the Proteinase K by adding appropriate amount of sterile water as shown above.
- 3. Add the appropriate amount of 98-100% ethanol to the WB bottle before use as shown above.

Safety and Use of the Isohelix Xtreme DNA kits

Buffers in the Xtreme DNA kits contain irritants so appropriate safety equipment such as gloves, laboratory coats and eye protection should be worn. The kits are intended for use by qualified professionals trained in potential laboratory hazards and good laboratory practise. If direct information is not available on any of our compounds this should not be interpreted as an indication of safety.

This kit has been designed for research use only



^{*2} Add 60ml of 98-100% ethanol into solution WB before first use, tighten the cap securely to prevent ethanol evaporation.

^{*3} Reconstitute vial with 110µl ddH₂O before first use, store the solution at 4°C after reconstitution.

^{*4} Reconstitute each vial with 550μl ddH₂O before first use, store the solution at 4°C after reconstitution.



Xtreme DNA Kit Protocol for XME-5/50

- 1. Place the swab head into a suitable tube. If using Isohelix SK-1 or SK-2 swabs, use the tube provided*.
- 2. Add 500µl LYS lysis buffer and vortex to cover the swab head.
- 3. Add 20µl Proteinase K solution, mix immediately by vortexing.
- 4. Incubate at 60°C for a **minimum** of 10 minutes or up to 60 minutes to lyse the sample.
- st When using SK-2 tubes, after lysis transfer the liquid to a clean 5ml tube before proceeding with step 5
 - 5. Add 750µl CB buffer, mix by vortexing thoroughly for 30 seconds.
 - 6. Preheat the EB buffer at 70°C (100µl per sample).
 - 7. Add 1.25ml ethanol to the sample and vortex to mix.
 - Place an Xtreme DNA column onto a collection tube. Pipette 700µl of the sample into the column without touching the rim. Centrifuge at maximum speed (13.4K rpm, 12,000 x g) for 1 minute.
 Discard the flow-through.
 - 9. Repeat step 8 until all the sample has been loaded onto the column.
 - 10. Wash the column by adding 750μ l solution WB. Centrifuge at maximum speed (13.4K rpm, 12,000 x g) for 1 minute. Discard the flow-through.
 - 11. Repeat the wash step by adding a further 750µl solution WB. Centrifuge at maximum speed (13.4K rpm, 12,000 x g) for 1 minute. Discard the flow-through.
 - 12. Place the column in a clean collection tube and centrifuge at maximum speed (13.4K rpm, 12,000 x g) for 3 minutes to remove all traces of ethanol.
 - 13. Place the column in a clean 1.5ml microcentrifuge tube. Add $100\mu l$ EB buffer pre-heated at $70^{\circ}C$ to the centre of the membrane.
 - 14. Stand the column for 3 minutes then centrifuge at maximum speed (13.4K rpm, 12,000g) for 1 minute to elute the DNA.
 - 15. Store the eluted DNA at -20°C.

Typical A260/280 ratios for the eluted DNA are >1.8 and A260/230 ratios are >1.0

Other Isohelix Products

Isohelix GeneFix[™] Saliva DNA & RNA Collectors:

Maximizes DNA/RNA Quality and Yields with Long Term Preservation.

Isohelix DNA and RNA Buccal Swab Collectors

> Latest Design Improves Collection, Yields, Stability and Integration for Processing.

DNA Swab Stabilization

Physical or Chemical options to Preserve DNA Yields and Integrity over Extended Periods.

DNA Isolation and Handling Kit Options

Specifically Optimized to Maximise DNA Performance for Isohelix Buccal Swabs and GeneFix Saliva Collectors.

Cell Projects Products

- PCR Products A full range of high quality PCR plastic for 96 well format plates and cap strips
- > Electroporation The HiMaX cuvettes maximise electroporation efficiencies for most cells types.

